

ST JUSTINS CANTEEN MENU 2017-2018

SANDWICHES		BREAK SNACKS ONLY	
Salad (tom,cuc,carrot,lettuce,beet)	\$3	Fruit salad cups GF	60c
Salad +ham or tuna or chicken	\$4	Yoghurt or custard cups	60c
Ham & Cheese	\$3	Cheese & rice crackers	60c
Ham, Cheese & Tomato	\$3.50	Frozen pineapple ring GF	20c
Chicken, Lettuce & mayo	\$3.50	½ Toasted cheese	60c
Egg, Lettuce & Mayo	\$3.50	Pizza Sub	60c
Baked Beans & Cheese	\$2.50	½ Fruit toast	30c
Vegemite (salt Reduced)	\$2	Breadsticks	10c
Buttered Bread Roll	\$1.50	Yoghurt Bites	10c
Sweet Chilli Wrap (lettuce, mayo)	\$4.50	Salad sticks & hummus	60c
TOASTED	30c		
		BREAK 2 ONLY	
SALADS		Pirrahna Honey soy GF	\$1
Salad Box (lettuce, tom, cuc, carrot, beet & cheese) GF	\$4	Jumpys	\$1
Salad box + ham, chick, tuna, egg GF	\$5	Assorted iceblocks from	60c
Mini Salad Bag (cuc, Carrot, tom) GF	\$1		
		DRINKS	
HOT FOOD		Water 600ml	\$2
Fried Rice GF	\$3	Juice, orange, apple, a&b, tropical	\$1.50
Bolognaise, Mac cheese or lasagne	\$4	Choc or strawberry milk	\$2
Grilled Chicken Burger(lettuce,mayo)	\$4	Sippah Staws break only	\$1
Grilled chicken Burger (all salad)	\$4.50	Fruit slushies break only	\$2
Lean Beef Burger with Salad	\$4.50	Hot chocolate break only	\$2
6 nuggets only	\$3.20		
Pizza (cheese&bacon, haiiwain)	\$3	EXTRAS	
Chicken Noodles	\$2	Sauce tomato or bbq	30c
Pumpkin soup GF	\$3	Wrap or roll or gluten free bread	50c
Gluten free noodles GF	\$3	Extra fillings	30c
		Forks or spoons (extra)	20c
Tuesday only		Paper lunch bag	20c
Hot Dog	\$3		

ST JUSTIN'S CANTEEN INFORMATION

IMPORTANT INFORMATION

- Bread will be wholemeal unless otherwise stated
- Bread will be buttered
- Hot dog price includes sauce, please state preference
- Rice, pasta, noodles, soup & salad come with spoon or fork
- If extra fork or spoon required, these are 20 c
- sauces available –
Tomato, bbq, sweet chilli, mustard, mayo
- Salt & pepper available

FILLING OUT LUNCH BAGS

- Please use paper bags or reusable lunch bags
- Clearly written name & class
- What food you are ordering
- Exact money would be appreciated.
- If change is more than \$4 it will be sent home via office bag
- Please remind you children to hand their lunch orders in, it is difficult to fulfil orders if they are late and your child may not get what they want as a result .



\$10 each
available from the canteen



For more information on the changes to school canteens and healthy tips to use at home visit :

<https://healthyschoolcanteens.nsw.gov.au/>

If you are able to volunteer to assist in the canteen, please come and see me in the canteen or drop a note or email to the office, I will appreciate the help but you kids would love to see you in the canteen too!!